Believe Achieve Succeed

Make Jesus Real

A Positive Attitude will lead to positive outcomes

Important Dates

FEBRUARY
16th: 9.30am Opening School Mass followed by morning tea
17th: Bookclub orders due; 2.45pm Weekly Awards & MJRR Assembly
21st: 6pm Parent Forum meeting
22nd: 7pm Ordination of Bishop Gregory Homing in the Lismore Cathedral
23rd: 12.30pm Stage 2 Prayer Celebration; Zone Winter Sports trials
24th: 2.45pm Weekly Awards & MJRR Assembly
26th: 9am Parish Family Mass

MARCH
1st: Ash Wednesday Mass
3rd: 2.45pm Weekly Awards & MJRR Assembly
7th: 5pm Kinder/Year 1/ Buddies in Stage 3 BBQ. Please note change of date.
8th: Catholic Schools Week Open Day & Liturgy/Mass

MATHS IN YEAR 3/4B

3/4B have been busy using a variety of scaled measuring devices. We selected the best device to measure lines and objects in our room and used our problem solving skills to find a way to measure a curved line accurately.

We loved measuring our height and working as part of a group.

We Love Plickers!
Plickers is an app that allows us to answer questions using our unique coded Plicker card. We turn our card and choose a multiple choice answer.

Our answers get sent to Miss Bugden’s computer and data is collected. We’ve loved using Plickers for Maths and can’t wait to use it in more subjects.
Dear Parents and Carers,

Our new students in Kindergarten are well on the way to settling into the school routine. I congratulate all parents for ensuring their students are in correct school uniform. This does make us look smart especially with the correct black shoes. Please ensure that nail polish, make up and jewellery are kept for the weekend and not for school.

As was outlined in our Parent Information sessions last week, we as a staff have made a commitment to enhance the learning experiences of our students by making our English and Maths blocks, a time when all students will have full access to the curriculum of these vital areas of learning. That is, that all students will be in the classroom at these times with their respective classroom teachers and teacher assistants. Our English block is from 9am to 10:45am and our Maths block is from 11:05 to 12:20pm each day of the week.

To emphasise our focus in this I would like to outline a number of changes and additional resources that will allow all students to improve learning outcomes:

- Appointment of Mrs Condon as an Instructional Leader in the Kinder to Year 2 classes during English and Maths blocks
- Teacher Assistants working in all classrooms with groups of children during these blocks
- All class teachers in classes during these blocks. Any release is then taken after 12:20pm
- Interruption free zones during English and Maths blocks
- No children to be withdrawn from class during these blocks unless absolutely necessary
- New classroom furnishings including the reading tables in each classroom and the stand up area in Stage 3. Both are aimed to assist with student engagement and concentration
- Purchase of a bank of 40 iPads that will allow for 5 of these machines into each class. These will be in use in the near future
- Purchase of new dictionaries and thesauri’s for Stage 2 and 3 class areas
- Purchase of whole class reading resources
- Purchase of new hands on maths equipment and storage facilities to make for easier access for staff and students.

These changes are put into place for the sole aim of better student outcomes in English and Maths for all of our students. We ask for your assistance in this by ensuring that your child is at school on time each day and that any appointments that need to be made in school time are made after 12:20pm.

The following is an extract from Michael Grose’s publication Parenting Ideas which may assist families at the start of the school year.

A new school year means a fresh start for students. Regardless of your child’s performance last year, they start school with a clean slate. A break offers students the chance to begin new habits and adopt new behaviours. Here are 7 ideas to make the most of a fresh start and make this year your child’s best year ever at school:

1. Commit to your child going to school every day on time - One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day and gets there on time.
2. Help kids start each day well - A good night’s sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time get up, eat and get ready for the day.
3. Establish work & study habits - The most successful students are those who develop regular study habits that suit their lifestyle, their study style and their school's expectations. Find out the work expectations from your child’s school and help them establish a work routine that matches.
4. Make sure your child gets enough sleep - Many children are sleep deprived, which impacts on their wellbeing and their learning. A good night’s sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day. Help kids get sufficient sleep by having a regular bedtime and get-up time each day. Have a 45 minute wind-down time each night, and remove screens and mobile phones from bedrooms.
5. Insist kids exercise - The old saying about ‘a healthy body and a healthy mind’ is so true. Exercise releases the chemicals needed for learning and wellbeing. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage your child to play sport; promote free and active play and look for ways to make moving part of their daily lives.
6. Focus on being friendly - Schools are very social places requiring kids to negotiate many different social situations each day. Encourage kids to be open and tolerant; to be friendly; to be sensitive to others; to be involved in plenty of activities and to be social risk takers.
7. Develop self-help skills - Successful students are often well organised, self directed and self-motivated. Such skills as packing school bags and organising after school schedules can be great lessons that impact how they perform at school. Make the most of the opportunity by focusing on two or three areas and you’ll find that the rest will fall into place.

Every blessing for the week ahead.

Tony Hunter
Tony Hunter
PRINCIPAL
OPENING SCHOOL MASS: Parents and extended family are invited to join with us tomorrow (Thursday) 16 February 9:30am at Our Lady of Sorrows Church as we celebrate our opening school mass. We will celebrate the commencement of the school year, as well as welcome our Kindergarten students. The Student Leadership will be receiving their badges during this celebration too. We would like to see many parents and family members present at this mass. Following mass all parents and friends are invited to join us for a quick “cuppa” in the Parish Meeting Room which is beside the church.

WHOLE SCHOOL POSITIVE BEHAVIOUR POLICY: Many thanks to those parents and carers who were able to make it to our familiarisation sessions with our new Behaviour Management Policy last week. Our policy stems from our school motto “Strong In Faith” and requires our students to be strong in:

- Safety
- Effort
- Respect
- Self Responsibility

Thank you to the students who try very hard to ensure they contribute to an environment where appropriate social behaviour and interactions occur.

STAGE PRAYER CELEBRATIONS: Following the success of these opportunities to gather in prayer last year, each stage will once again prepare a Prayer Celebration once a term which is linked to their RE curriculum unit of work. Kinder will begin their Prayer Celebrations in Term 2. You are welcome to any of these celebrations and please stay for a chat and a quick cuppa afterwards.

Please note the dates for the Prayer Celebrations below:
- Stage 2: Thursday, 23rd February, 12.30pm
- Stage 3: Wednesday, March 22nd, 12.30pm
- Stage 1: Wednesday, March 29th, 12.30pm

SAVE THE DATE: This year’s Forum Festival will be on Friday, April 28.

We need parents to join our fundraising committee ASAP. If you are able to join this team please contact Till Beetge on 0434 441 413 or phone the school office.

FRIDAY SPORT: This term our sport will be focusing on a whole school approach to Fundamental Movements each Friday up to and including Week 9. All students will be required to wear their sport uniform each Friday. We will continue our swimming program in Term 1.

MUSIC TUITION Cynthia Denton will be offering guitar, ukulele and vocal lessons this year. These lessons will be linked to the school choir, so that, in essence, the choir will now have a live band. The band and choir will be showcased at school performance events such as assemblies, the fun festival, Eistedford and the Christmas Pageant. Lessons with Cynthia are of Australian Music Examination Board standard. Lessons include the following essential ways of playing guitar and ukulele:

- Chords
- Rhythm
- Reading
- Tablature
- Arpeggios
- Aural
- Right Hand Picking

Lessons will be conducted in groups of 5 maximum per instrument. The cost of lessons is $12 per 30 minutes. All printed materials are included in the price. Fees are payable per term in advance to Cynthia. Lessons will be conducted during school hours on Thursday afternoon after lunch. Parents are always welcome to sit in during lessons which will be conducted in the school hall. Cynthia Denton is a professional singer/songwriter who has performed internationally. She has recorded 3 albums and has 27 years of experience in the music and performing arts industry. She conducts music lessons in a fun, respectful and encouraging environment. Contact details for Cynthia: 0437 280 735 or Cynthia.melody@gmail.com

UNIFORM SHOP
Open MONDAYS from 2pm — 3:10pm (after Canteen)

All enquiries about uniforms to: SUZIE SMITH Phone 6632 2958 or 0422 415 520

Order forms are available from the school office at any time. Uniforms must be fully paid at the school office before collection. Don’t forget our 2nd hand uniforms for a gold coin donation for each item.
**PLEASE SUPPORT THE SPONSORS OF OUR NEWSLETTERS**

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**SCHOOL CANTEEN**
20th Feb: Suzie Smith & Emie Studders.
Please note: Week 1 of Term 2 there will be no canteen as students are here for 3 days only from Wed. 26th April.
Please sign in at the office before going to Canteen.
If for any reason you cannot attend on your rostered day, please swap days with someone on the roster.

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**COMMUNITY NEWS**

**Kyogle Soccer Season**
Junior training will start on 16th March.
Players should register online using the “My Football Club” Website. Working bee on Sunday 19th February from 8.00 am to 11.00 am.
Please bring a whipper snipper or brush cutter
Any questions can be directed to kyoglefc@ffnc.net.au or to Glenn Rose on 0418 264 968.

**SUPPORTED PARENTING PLAYGROUP**
FREE every Friday from 9am-12noon at the Cawongla Playhouse, 5325 Kyogle Road, Cawongla NSW 2474.
Providing a structured & positive learning environment in which children can socialise, play & learn. It is a great way for parents to meet & share their experiences as well as gain family support with trained childhood & family workers. A nutritious morning tea is provided for the children.
For more information phone 66321044 or email: admin@kyoglefamilysupportservices.org

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**KYOGLE EARTHWORX**
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House & Shed Sites, Drainage, Septic & Pit Foundations, Drive-ways, Trenches & Rubbish Removal
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**MUSIC WITH CYNTHIA DENTON**
See page 3 of this newsletter for further information

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